

The Value of a Client Information Window

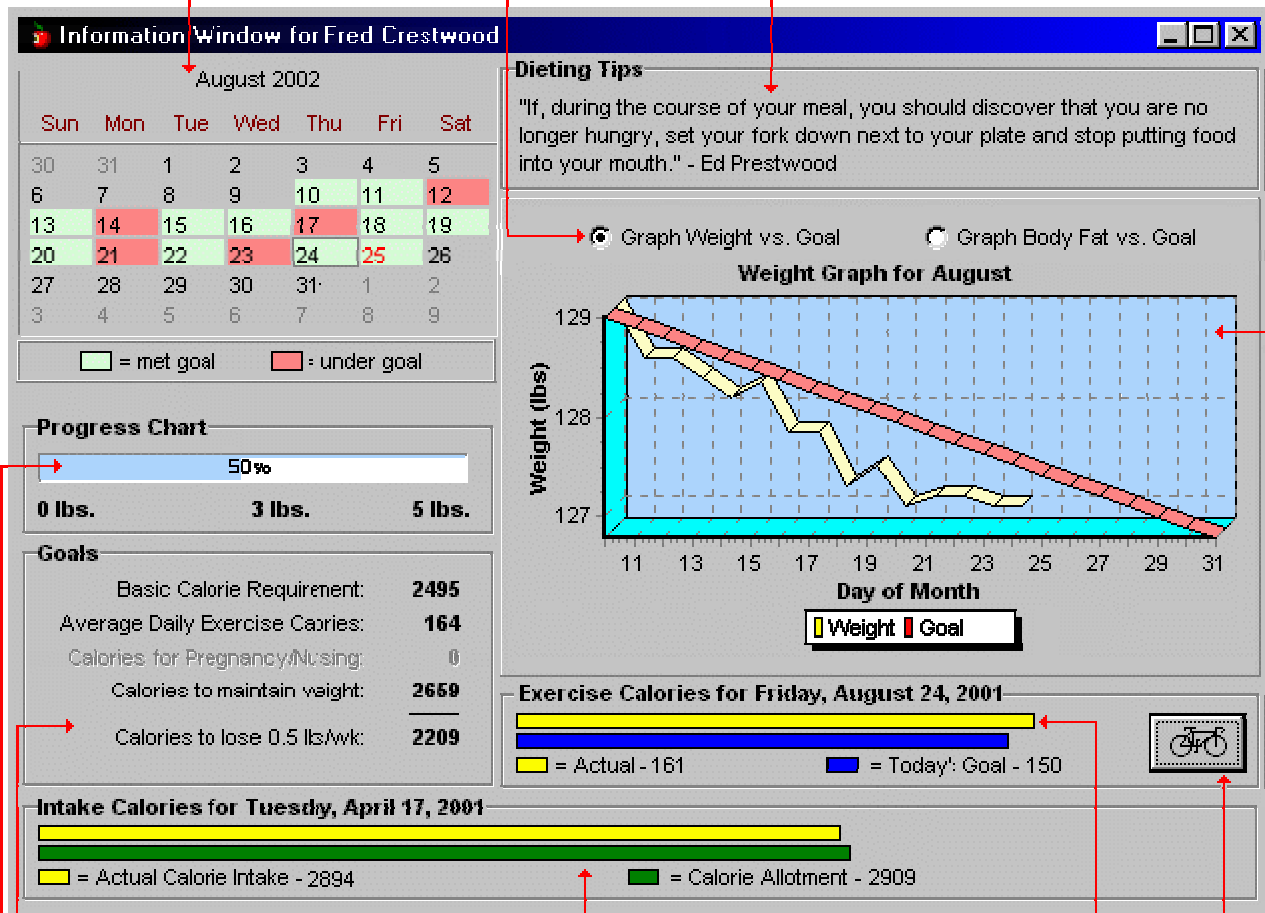
Oftentimes, you want an instant "snapshot" of how your client is doing. NutriBase addresses this need with a summary screen called the "Client Information Window." All of this information is available in reports, but this screen pulls together a summary of what's going on. Here's what a typical window looks like:

Color-coded calendar provides a snapshot of how you are doing... green is for days you met your goals, red for days you didn't.

Click as needed to display a 3-D graph of body weight vs. goal or body fat vs. goal.

Each time you start NutriBase, a new dieting tip appears.

3-D Weight tracker shows your actual weight vs. goal weight.



Graphical summary of calorie usage... exercise is added to your daily calorie allotment.

Track your exercise and activity vs. your activity goals.

This is a summary of your calorie usage and intake.

Click here to generate a report indicating how many calories you, personally, based on your body weight, would burn in performing any of 90 activities for 30 minutes.

This graph indicates percent completion of your goal.

Although the graph above is tracking the client's weight change progress, you can by clicking the appropriate radio button (above the graph) track the client's actual body fat content vs. their body fat goal.

You can turn this window off by clicking an option in your User Prefs.