Comparisons of NutriBase, Food Processor, and Nutritionist Pro

Updated March 21, 2011

Basic Pricing, Delivery, and Support	NutriBase Professional	Food Processor SQL	Nutritionist Pro
Name of the company who develops and supports the software	CyberSoft, Inc.	Esha Research	Axxya Systems
Web address for product information	nutribase.com	esha.com	axxya.com
Phone number for product information	877-223-5459	800-659-3742	800-709-2799
Retail price for a single-user, non-network edition	$795 – payable in 3 monthly payments	$699	$595
Continued product support after the first year?	**YES** Always free.	**No -** but available for an annual fee.	**No,** but available for an annual fee.
Free updates and toll-free technical support after the first year?	**YES** [1]	**No -** but available for an annual fee.	**No -** but available for an annual fee.
Generate Publication Quality Nutrition Facts Labels (WMF, EMF, JPG, PDF)?	**YES -** Generates the most popular label format	**No -** $4,999.00 for software that does	**No -** $595.00 additional for software that does
Does the license permit installing on more than one PC at no additional cost?	**YES** [2]	no	no
Does the company's web site provide a detailed chronological Update History page?	**YES**	no	no
Does the web site provide links to its competitors?	**YES**	no	no
Product available for secure on-line purchase and immediate download?	**YES**	no	no
Does your order include a complimentary set of Digital Body Fat Calipers? [3]	**YES**	no	no
Does your order include a free one-handed loop-style body measurement tape?	**YES**	no	no
Free 24/7 email support for as long as you are using the software?	**YES**	no	no
Free toll-free phone support for as long as you are using the product?	**YES** [4]	no	no
Free 24/7 Internet downloads for updates to all registered users for current and past versions?	**YES**	no	no

The Numbers [5]	NutriBase	Food Processor	Nutritionist Pro
Number of top-selling nutritional information books in print	Over 3 million copies	0	0
Total number of *unique* restaurant featured in the database	61	20+	20+
Total number of restaurant menu items	5,395	1,600+	?
Number of *Unique* brand names featured in the database [6]	1,200	500+	500+
Number of nutrients and nutrient factors featured in the database	Over 180	"over 160"	80+
Number of *Unique* food entries in the nutrient database [7]	37,160	29,000+	26,000+

---

1 Toll-free tech support for **NutriBase** never expires. *Updates* are free for the version purchased. *Upgrades* are half price.

2 The NutriBase End User License Agreement permits activations on up to three computers. Each copy of NutriBase software is licensed for use by one End User on multiple PC's OR by multiple End Users on a single PC.

3 Neither Food Processor nor Nutritionist Pro have the ability to calculate, track and set goals based on Body Fat Content... so having the ability to measure body fat content would not be useful in the software.

4 Toll-free tech support for **NutriBase** never expires. *Updates* are free for the version purchased. *Upgrades* are available for half retail price or less.

5 Some of these numbers were difficult to determine. Neither **Food Processor** nor **Nutritionist Pro** have the ability to generate a sorted list of unique food or brand names by food category.

6 "Unique Brand Names" refers to the count of the number of different brand names represented in the database. For instance, "McDonald's" may appear hundreds of times throughout the database, but it is counted here as one unique brand name.

7 With NutriBase, if you locate three entries for say, "Granulated Sugar - 1 tsp," "Granulated Sugar, 100 gm," and "Granulated Sugar - 1 cup," we count these three entries as a single *unique* food entry. To preserve an "apples-to-apples" comparison, we use the more conservative "unique food number" value in this chart.

The Nutrient Database	NutriBase	Food Processor	Nutritionist Pro
Does the software flag nutrient totals that include values from food items with missing values for any nutrient values in reports?	YES	YES	YES
Ability to search on either food names or brand names?	YES	YES	YES
Add an unlimited number of foods to the program?	YES	YES	YES
Can you define which nutrients get displayed in search results?	YES	YES	YES
Include Food Exchanges/Food Guide Pyramid?	YES	YES	YES
Rank all foods in your list from high-to-low or low-to-high based on their values for any nutrient by clicking the column header for the nutrient?	YES	no	no
Ability to display the nutrient data for more than one food item at a time as a result of a search across the software's nutrient database? [8]	YES	no	no
Ability to view data for entire categories of foods (and all their associated nutrients) in a tabular, spreadsheet format?	YES	no	no
Ability to dynamically resize column widths of live nutrient data? [9]	YES	no	no
Are the data rows tagged to identify the source of the nutrient data? [10]	YES	no	no
Resequence live data by dragging-and-dropping column headers? [11]	YES	no	no
Separately searchable food name, comment, and brand name fields? [12]	YES	no	no
View live nutrient data in a tabular spreadsheet format?	YES	no	no
View nutrient data for any food item in a single-screen by double-clicking it?	YES	no	no
View the nutrient data - the "nutrient density" - for hundreds of foods simultaneously - based on a fixed number of calories for each food item?	YES	no	no
Can you adjust the number of calories on which you compare these foods?	YES	no	no
Glycemic Index/Glycemic Load data?	no	YES	no

Food Log (Intake) Management [13]	NutriBase	Food Processor	Nutritionist Pro
A mode for researchers with the ability to record an intake "blind" to an ID number and without the need to first obtain profile information such as age, gender, weight, height, etc?	YES	no	no
View analyses of a Food Log day's individual meals or snacks (both numerically and graphically) by simply clicking their tabs?	YES	no	YES
Ability to copy a Food Log (or selected meals and/or snacks from a day's intake) from any client to any another client(s) on any day(s) you specify?	YES	no	YES
Auto-select the proper DRI based on gender and age?	YES	no	no

---

8 *Looking at the nutrient data one item at a time is like looking at a huge nutrient database through a pinhole.* This approach is cumbersome, inefficient, and inadequate for sophisticated nutrient analysis. Yet this is how you view the live nutrient data with programs like **Food Processor** and **Nutritionist Pro**... one food item at a time. **NutriBase** supports food name searches, brand name searches, and the View, Rank, and Query functions. The results of all of these types of searches are always displayed in a tabular, spreadsheet format with as many as 30 columns of data for over 60 food items at a time. (If you want to view the nutrient data for a single food item, you can do that too - just double-click on any food item of interest.)

9 "Live data" is the actual nutrient data from the database that the product relies on for its nutrient information. "Live nutrient data" does not apply to pre-selected lists of food items such as those that may exist in reports for intakes, meals, meal plans, food frequencies, or recipes. **NutriBase** lets you resize column widths for any product category, then remembers that setting for you for future use.

10 The background color of the data indicates whether the data came from the USDA SR Data, the Canadian CNF data, or the Brand Name database.

11 "Live nutrient data" is the actual nutrient data from the database that the product relies on for its nutrient information. "Live data" does not apply to pre-selected lists of food items such as those that may exist in reports for intakes, meals, meal plans, food frequencies, or recipes.

12 The food name, comment, and brand name fields are combined in **Food Processor** and **Nutritionist Pro**. Sample food description listing from **Nutritionist Pro**: "ENSURE with Fiber". Sample **Food Processor** food description: "EnsureNutritionDrinkw/FiberComp-BtrPcnRL". Sample listing from **NutriBase Professional** : **Name:** "ENSURE, WITH FIBER, RTU" (Ready to use) **Comment:** "fiber fortified - supplemental/total nutrition; oral/tube feed, Kosher, gluten/lactose-free, low residue, not for parenteral use" **Brand:** "Ross Laboratories". Because these fields are autonomous, **NutriBase** permits a variety of useful queries on this information. **NutriBase** will allow you, for example, to display all the frozen chicken entrees that have one of several selected brand names that have a maximum of, say, 4.5 mg of Saturated Fat.

13 **NutriBase** defines an intake as a list of food items that a client has eaten (or has been recommended to eat) over a specified period of time. **Food Processor** refers to an intake as a "foodlist" (**Food Processor** also calls recipes and meal plans "foodlists.") **Nutritionist Pro** refers to an intake as a "diet."

Food Log (Intake) Management (continued)	NutriBase	Food Processor	Nutritionist Pro
Ability to give your clients software to record their own food logs on their own PC, then click a button to email the results to you?	YES	no	no
Ability to assign intake items to specific meals while adjusting its serving size?	YES	no	no
Ability to copy intakes (or selected meals and/or snacks from a day's intake) from any client to any another client (or clients) on any day (or days) you specify?	YES	no	YES
Ability to create a food list that will be auto-recorded to a client's intake each time you open a new day's Food Log for that client?	YES	no	no
Calendar that can be set up to award "good" or "bad" icons when clients meet or don't meet their daily nutrition goals?	YES	no	no
Ability to assign a food item to a particular meal or snack while adjusting its serving sizes?	YES	YES	no
Support for tracking and graphing diabetic factors correlated with meals and snacks from within the Food Log function?	YES	no	no
Ability to create a food list that will be auto-recorded to a client's Food Log each time you open a new day's Food Log for that client?	YES	no	YES
Ability to copy intake food items (and portion sizes) into an editable shopping list?	YES	no	no
Calendar that can be set up to award "thumbs up" (or "thumbs down") icons when clients meet (or don't meet) daily nutrition goals?	YES	no	no
Analyze intake relative to customized client goals?	YES	YES	YES
Automatically display Total Calories and the PCF (Protein-Carbohydrate-Fat) Ratio (or CPF Ratio) for all intakes?	YES	no	no
Set alarms to trigger when clients exceed any nutrient limit(s) you program for them?	YES	no	no
Client calendar that awards clients a "happy face" on days when they meet their personal nutritional and/or exercise goals? (And "unhappy faces" on the days they don't.)	YES	no	no
Sort intake items based on any nutrient in a client's Food Log?	YES	YES [14]	Somewhat [15]

Recipe Management	NutriBase	Food Processor	Nutritionist Pro
Change the number of servings per recipe?	YES	YES	YES
Can you record recipes-within-recipes?	YES	YES	YES
Scale your recipes to serve any number of servings?	YES	YES	YES
Costing feature? (Ability to calculate the cost per serving of your recipes.)	YES	YES	no
Record a recipe as either a recipe (one item) or as a list of ingredients?	YES	YES	no
Ability to format cooking directions (fonts, bullets, alignment, etc.).	YES	no	no
Ability to display the Percent Daily Values for recipes while viewing them?	YES	no	no
Ability to generate recipes then save them as customized web pages?	YES	no	no
Ability to organize recipes into a customizable tabbed notebook?	YES	no	no
Ability to stamp recipes with your byline (author, credentials, copyright, company, phone, etc.) before distributing them?	YES	no	no

14 **Food Processor** lets you select the nutrient you wish to see "sources and amounts for single nutrient." The bottom portion of the screen shows the amounts, the percentages, and a bar chart. As you click on other nutrients, the data on the screen changes to provide information for the selected nutrient. All rankings are high-to-low... **Food Processor** won't display the values sorted low-to-high.

15 **Nutritionist Pro** displays nutrient values for foods in a "diet" (A "diet" is **Nutritionist Pro**'s nomenclature for an "intake") in a spreadsheet format. This makes it fairly easy to see which food contains the most *Fat* or *Sodium*, as long as the intake doesn't include too many ingredients. **Nutritionist Pro** doesn't rank the food items based on selected nutrients or show the percentage of the nutrient that comes from each food item in the recipe. **Nutritionist Pro** allows you to see the nutrients for foods after you generate a report... no ranking features supported.

Recipe Management (continued)	NutriBase	Food Processor	Nutritionist Pro
Ability to select and copy recipe items into an editable shopping list?	YES	no	no
Ability to rank all your recipes based on their values for any nutrients?	YES	no	no
Are recipes shareable/transferrable across other editions of the software?	YES	no	no
Ability to publish your recipes for your cookbook in a *custom* word processor formatted cookbook format from within the software?	YES	no	no
Tabbed notebook with the ability to add, delete, or rename tabs and the ability to drag and drop recipes from tab to tab? [16]	YES	no	no

Meal Management [17]	NutriBase	Food Processor	Nutritionist Pro
Ability to drag and drop meals from Meal Folder to Meal Folder?	YES	no	no
Ability to organize tabbed notebooks for meals into Meal Folders to organize your meals by type (i.e., diabetic, body-building, etc.)?	YES	no	no
Ability to display the Percent Daily Values for meals while viewing them?	YES	no	no
Meal plan analysis that lets you select the days, the meals, nutrients, and the factors (percentages, totals, averages, etc.). Record the meal plan as the client's intake, then edit it for changes from the hard copy summary?	YES	no	no
Ability to view your Meals, along with their nutrient values in a spreadsheet view, then rank them from high-to-low or low-to-high based on any nutrient?	YES	no	no
Copy any day's intake (or selected meals and/or snacks from a day's intake) from any meal plan day to another day (or days) of the same (or different) meal plan?	YES	no	no
Are meal plans transportable across other editions of their software?	YES	no	no
Customize your Meals to make them look *any way you want*, then publish them in a customized web page, word processor, or PDF format?	YES	no	no

Meal Plan Management	NutriBase	Food Processor	Nutritionist Pro
Ability to copy a Meal Plan (or part of a MP) to a client's intake?	YES	no	no
Ability to copy a Meal Plan (or selected parts of a MP) to another Meal Plan?	YES	no	no
Ability to copy a Client's Food Log into a Meal Plan?	YES	no	no
Ability to create, edit, copy, analyze, export, import, and distribute meal plans to clients and users of other editions of the software?	YES	no	no
Are professionally prepared Meal Plans included with the software? [18]	YES	no	no

Query (Boolean AND search) Capabilities	NutriBase	Food Processor	Nutritionist Pro
Conduct Queries (Boolean AND Searches) on the nutrient data for *multiple* foods, brands, and/or serving sizes by specifying upper or lower limits for as few or *as many* nutrient components as desired?	YES	no	no
Ability to query he nutrient data to show all menu items from, say, Burger King, McDonalds, & Wendy's with at no more than, say, 8 grams of *sat fat*, sorted from low-to-high based on their values for *saturated fat*?	YES	no	no

---

16 *The ability to organize recipes into a tabbed notebook, then add, delete, and rename tabs is critical if you are organizing hundreds of recipes that are targeted for a variety of special needs.* **NutriBase** allows you to drag and drop recipes from tab-to-tab. **NutriBase** also uses this organizational approach to personal food items (new foods and frequently used foods) and Meals. In addition **NutriBase** allows you to store up to 26 of these tabbed notebooks in up to 26 "Folders".

17 A "Meal" is a collection of food items and recipes that define either a meal or snack. In **NutriBase**, you can store meals in tabbed notebooks and the tabbed notebooks (up to 36 tabs) in up to 26 "folders." Meals serve as building blocks for Meal Plans. Mix and match them to create hundreds of unique Meal Plans.

18 **NutriBase** includes Meal Plans for hypertension, diabetes, healthy heart, balanced weight loss, low-carb weight loss, 40-30-30, Vegan, vegetarian, and body building. Each **NutriBase** Meal Plan contains up to 3 meals and 3 snacks per day for 4 weeks. Each **NutriBase** Meal Plan is available in 8 different calorie levels.

Ranking (Sort) Capabilities	NutriBase	Food Processor	Nutritionist Pro
Global ranking (sort) for food items that allows you to rank the entire data-base, selected categories of the nutrient database, or any combination of specific food subcategories of the database?	YES	no	no
Ability to view your recipes, meals, and personal food items, then rank them on-screen from high-to-low or low-to-high based the values for any nutrient while you are viewing them in a spreadsheet view?	YES	no	no
Rank food items high-to-low or low-to-high based on "% Calories from" or "Calories from" Protein, Carbohydrates, or Fat?	YES	no	no
Rank foods on-screen based on their values for any nutrient factor by clicking the column header for the nutrient of interest?	YES	no	no
Ability to restrict rankings to 100 gram serving sizes of all foods?	YES	no	no

Reports	NutriBase	Food Processor	Nutritionist Pro
Flexible formatted report capability that allows you to select which nutrients you want to include in our reports?	YES	no	no
Ability to batch process dozens (or hundreds) of custom, multi-page Initial Assessment Reports in word processor format or in web page format?	YES	no	no
Ability to store your company name (or your own name) as a macro for insertion into your reports?	YES	no	no
Ability to print selected pages or a range of pages in your report?	YES	no	no
Auto-Insert custom text or graphical bitmap report headers featuring your logo, name, address, phone, etc.) at the top of every report?	YES	Somewhat [19]	YES
Formatted report capability that allows you to select the nutrients, days, meals, totals, subtotals, etc.?	YES	no	no
Formatted report capability that allows you to include pie charts, nutrition facts labels, borders, drop shadows, shading, dividers, etc.	YES	no	no

Analysis Capabilities	NutriBase	Food Processor	Nutritionist Pro
Ability to save reports in word processor, web page, PDF and text formats?	YES	no	YES
Ability to export analyses into Excel and other spreadsheet formats?	YES	no	YES
Ability to insert customizable "under" and "over" comments into intake reports. [20]?	YES	no	no
Ability to include selected nutrient data for every ingredient in your reports?	YES	no	no
Ability to select the nutrients to analyze in a recipe or intake report?	YES	no	no
Handle nutrient intake Group Studies involving hundreds of individuals and producing analyses for each individual and averages for the entire study?	YES	no	no
Nutrient intake analysis that lets you select the client(s), the dates (cherry pick or select a range), meals, nutrients, factors (%, totals, averages, etc.) and personal information?	YES	no	no

---

19 **Food Processor** lets you insert *text headers* into reports (must be created for each report at the time you create it - it doesn't store it as a reusable default value). **Food Processor** does not support the insertion of *graphical headers*.

20 NutriBase can auto-insert comments into your intake analysis report when a client is under or over any goal for any nutrient. These comments appear when you generate your analysis reports. Typically, "under" comments suggest good sources of the nutrient and "over" comments provide safe upper limit information. You can edit and control what the comments say, which ones are used, and when they are used.

Fitness Management	NutriBase	Food Processor	Nutritionist Pro
Ability to track and graph body fat content as well as body weight?	YES	no	no
Ability to accept resting metabolic rate from indirect calorimeters?	YES	no	no
Ability to support Target Heart Rate Training?	YES	no	no
Ability to track exercise and activities for 24-hour periods - separately from food intakes? [21]	YES	no	no
Ability to track calorie expenditures from monitored exercises? [22]	YES	no	no
Tack your workouts in customizable detail with a printable Gym Log?	YES	no	no
Ability to batch process calorie expenditure reports?	YES	no	no
Ability to calculate exercise calorie expenditures based on heart rate?	YES	no	no
Calorie expenditures report for clients that shows how many calories they will burn for performing any of 90 exercises for 30 minutes?	YES	no	no
Calculate exercise calorie expenditures based on body weight?	YES	YES	no[23]
Create, edit, save and retrieve workouts for use with clients?	YES	no	YES
Ability to calculate calorie expenditures based on perceived exertion?	YES	no	no
Set exercise calorie expenditure goals and track them?	YES	YES	no
Ability to track your 24-hour activity and exercise calories separately from your daily food intake so that you can generate a direct comparison of calories burned vs. calories taken in?	YES	no	no

Data Mobility	NutriBase	Food Processor	Nutritionist Pro
Easy-to-use integrated backup and restore to make it easy to move data from one PC to another?	YES	no	no
Backup and restore to and from flash drives and other removable media?	YES	no	no
Ability to email your backup to yourself or others?	YES	no	no
Ability to schedule backups and select how many past backups to keep?	YES	no	no

Information Tracking Features	NutriBase	Food Processor	Nutritionist Pro
Track and graph Diabetic factors correlated with meals and snacks?	YES	no	no
Establish weight goals based on % body fat, then track progress?	YES	no	no
Track, report and graph body fat content progress for all clients?	YES	no	no
Track, report and graph body weight progress for all clients?	YES	no	no
Track, report and graph on anything (with date and time stamping)?	YES	no	no
Track, report and graph body chemistry (triglycerides, uric acid, etc.) and personal information (doctor, pharmacist, etc.)?	YES	no	no
Track, report and graph on measurements (waist, pant size, etc.) and miscellaneous items (ovulation, cigarettes, etc.)?	YES	no	no
Ability to track client information and export it for use with your email program for mailing out targeted email newsletters?	YES	no	no

---

21 NutriBase allows you to track your 24-hour activity and exercise calories separately from your 24-hour food intake. This produces a direct comparison of calories burned with calories eaten, and this results in a calorie surplus or deficit.

22 This feature lets you take the calories (and other data) provided by monitored exercise machines (like programmable treadmills or heart rate monitors) and enter in the results. If your treadmill changes inclination and/or speed over the duration of the exercise, you can still enter a good number for calories burned.

23 **NutriBase** and **Food Processor** both take the client's body weight into consideration when calculating calorie expenditures. **NutriBase** uses "Kcal/hr./lb." or "Kcal/hr./Kg," depending on whether the user has selected "English" or "Metric" measurements in their User Preferences. **Food Processor** uses "Kcal/hr./Kg of body weight. **Nutritionist Pro** uses "calories per minute" values which disregard the client's body weight - **Nutritionist Pro** will calculate the same calorie expenditure for 30 minutes of aerobics for an 82 lb. girl or a 320 lb. man.

Internet-Related Features	**NutriBase SE** [24]	**Food Processor**	**Nutritionist Pro**
Ability to convert your recipes into customized web pages for any web site?	**YES**	no	no
Ability to "batch process" (automatically generate) dozens (or hundreds) of custom reports as customized web pages in a single pass?	**YES**	no	no
Ability to deliver custom, multi-page Assessment Reports in Rich Text Format, text format, or in HTML format?	**YES**	no	no
Ability to export your client list for use with your email client (like MS Outlook) for mass newsletter mailings?	**YES**	no	no
Ability to save most reports in PDF format for use on your web site for to email (from within the software) to colleagues and clients?	**YES**	no	no
Ability to export your client list for use with your email client (like MS Outlook) for mass newsletter mailings?	**YES**	no	no
Ability to generate *custom* reports in *ready-to-use* HTML web page format that are laid out *exactly* as you specify?	**YES**	no	no
Ability to capture information from surfers who fill out an assessment questionnaire on your web page?	**YES** (SE Edition)	no	no
Ability to instantly generate custom, multi-page assessment reports for surfers who've completed your web-based questionnaire?	**YES** (SE Edition)	no	no

Network Features [25]	**NutriBase**	**Food Processor**	**Nutritionist Pro**
A mode that lets users view what others have done (recipes, meal plans, intakes, etc.), but can only modify or delete their own work?	**YES**	no	no
A mode that permits all other users to view, modify, and delete only the work they've created themselves?	**YES**	no	no
A mode that permits all other users to view, modify, or delete each other's work (recipes, meal plans, intakes, etc.).	**YES**	no	no
A special "Master User" password that allows unrestricted access?	**YES**	no	no
Ability to specify the access level and privileges for specific users?	**YES**	no	no
Password-protected log-on for all users?	**YES**	no	no

Client Intake Module (CIM) for Clients	**NutriBase**	**Food Processor**	**Nutritionist Pro**
Can you burn a CD for your clients to take home, install, and record their own food intake and exercise/activities?	**YES**	no	no
Can you distribute the Client Intake Module (CIM) to clients royalty-free?	**YES**	no	no
Can you put your CIM on your web site and make it available for clients to download from your web site?	**YES**	no	no
Ability to embed your return email address on your CIM CD?	**YES**	no	no
Ability to include your own customized splash screen?	**YES**	no	no
Ability to control the software title (caption) displayed by your software?[26]	**YES**	no	no
Can the Client Intake Module email your client's data to you?	**YES**	no	no
Are your CIM CD's reusable with other clients?	**YES**	no	no
Can the software import and analyze the food intake data provided by your clients via email or on removable media?	**YES**	no	no

24 These web-form based features are for **NutriBase Professional SE** (Special Edition), which retails for $895. It takes about a minute to manually log on a new client in **NutriBase**. The **NutriBase Professional SE** edition can log on 100 clients from a web-based questionnaire in about 10 seconds. NutriBase captures all contact information in the Client Contact Manager for you and logs on all clients automatically.

25 These "Network Features" refer to the Enterprise editions of NutriBase and the network editions of **Food Processor** and **Nutritionist Pro**.

26 The "caption" is the wording that appears at the top of your software's Home Page. This title identifies the program to your clients. You can name your Client Intake Module anything you want to name it.

Miscellaneous Features	NutriBase	Food Processor	Nutritionist Pro
Support for password protection to keep unwanted personnel from accessing your information?	YES	no	no
Ability to calculate calorie requirements using by supporting the Estimated Energy Requirements table?	YES	no	no
Ability to track and graph diabetic factors and correlate them with the client's meals, snacks, and activities/exercise?	YES	no	no
Ability to access your Client Notes through a calendar interface?	YES	no	no
Ability to add nutrient data for new foods by entering the % Daily Values?	YES	no	YES
Ability to convert and save foods added to software in any serving size?	YES	no	no
Ability to save Nutrition Facts Label as BMP, JPG, WMF, EMF, and PDF files? [27]	YES	no	no
Ability to add your personal food items to a tabbed notebook then organize them by dragging and dropping these items into tabs?	YES	no	no
Automatically display Calories and the PCF (or CPF) Ratio for recipes, intakes (Food Logs), meals, and meal plans?	YES	no	no
Stamp all recipes, meals, and meal plans with your byline prior to distribution?	YES	no	no
Hard copy comprehensive 150+ page User's Manual?	YES	no	no
End User License that allows you to install the software onto multiple PC's (without paying for multiple copies) so long as you are the sole user?	YES	no	no
Ability to export information from your contact list into a format suitable for use with an email program (like MS Outlook)?	YES	no	no
Ability to export your client contact information for use with your email program to facilitate convenient mass mailings to your clients?	YES	no	no
Ability to format client notes by setting fonts and point sizes, inserting bullets, italicizing, boldfacing, underlining, and aligning?	YES	no	no
Ability to select frequently used foods from the nutrient database and organize them as personal food items in a tabbed notebook for quick access for use in your recipes, intakes, and meal plans?	YES	no	no
Ability to select which formulas are used to calculate calories requirements, calorie expenditures, max heart rates, training zones, etc? Then adjust them as desired? Then reset them if necessary?	YES	no	no
Click a button to email your backups to yourself or to others?	YES	no	no
Click a button to email your personal food items to us for consideration to add to the NutriBase database?	YES	no	no
Click a button to email your reports or screen images to others?	YES	no	no
An integrated Work Planner to schedule your work day-by-day?	YES	no	no
Set of Digital Body Fat Calipers included with your purchase? [28]	YES	no	no
Loop style body measurement tape included with your purchase?	YES	no	no
Free email product support 24/7?	YES	no	no
Free technical support forever and free updates for the version you buy?	YES	no	no

---

27 **Food Processor**'s Nutrition Facts Label report generator produces a *single* label. For commercial quality Nutrition Facts Labels, Esha recommends their Genesis R&D product which costs $4,999.00 and up. For commercial-quality Nutrition Facts Label creation with **Nutritionist Pro**, you may purchase the optional **Nutritionist Pro** Nutrition Facts Label "module," available from Axxya Systems for $595 additional.

28 Neither **Food Processor** nor **Nutritionist Pro** have the ability to calculate or track goals based on body fat content… so body fat readings would have no value in these software packages.

About this Report

This report was prepared by CyberSoft, the makers of NutriBase. It was created to help you sort out the differences among the top tier nutrition software packages that target RD's and other health and nutrition professionals.

Because of the interactions that exist among the software components in today's high-end nutrition programs, there is often more than one way to get a job done. Although considerable effort was expended in attempting to perform each of the functions cited in this report, CyberSoft acknowledges that it may be possible that these software packages can accomplish one or more of these tasks in a way that was not clear to us after considerable effort. Another factor that could affect the accuracy of this chart is the fact that new revisions of the various software packages may improve existing capabilities or add completely new features. For these reasons, we recommend you visit the web sites of these companies or call them for the latest information regarding their most current software offerings.

If you know of a feature that our competitors have that we don't support, let us know… we'll add it to this chart.