

The Value of Integrated Backup and Restore

Most users will tell you that they could be more productive if they were able to load their nutrition software onto more than one machine. If they could have a copy on their desktop at work, and a copy on their home PC or perhaps on a notebook PC, they could be far more flexible as to where and when they did their work.

But most End User License Agreements won't let you install the software on more than one machine (unless you are willing to pay for multiple copies of the software).

Lets' say you are willing to spend the money for extra copies of the same software. You still have an almost insurmountable problem... you have no way to move your information from machine to machine. This is a big problem unless you don't mind having your client data, recipes, meals, and meal plans scattered across your different computers. With most nutrition software, there is no convenient, *integrated* method to move the data from one computer to another. *When a potential software maker claims you can backup and restore your software across multiple computers, ask them if they are referring to the fact that you can purchase third party backup software to do this or if they mean you can click a feature within their software that does this for you automatically.*

This is where the value of Backup and Restore becomes clear, and here's how it works in NutriBase:

EXAMPLE

You've worked all day adding client information, recipes, and meal plans to your nutrition software on your work computer. You need this on your notebook computer so you can take it home with you.

At the end of the day, you insert a floppy (or CD-R, CD-RW, or Zip Disk or any other removable media) and click the Backup Icon. All your client information, your recipes, your intakes, meals, meal plans - everything - is copied to a highly compressed file on your diskette. The file name is the date that the file is saved.

Start NutriBase on your notebook PC. Insert the diskette or other removable media and click the Restore Icon. In a few seconds, the version of NutriBase that was on your work PC is now sitting on your notebook PC. Take the notebook PC home with you. Work all night long and enter more clients, recipes, meals, meal plans, etc. When you are finished, click the Backup Icon to back it up to your diskette. At work, insert the diskette and click the Restore Icon. That's all there is to synchronizing your computers.

NutriBase will also let you email your backup to yourself (at home or at work, perhaps) or to anyone else you want to send your backup to. Now you can simply email your work back and forth from work to home.

The NutriBase End User License permits users to put NutriBase on multiple PC's as long as you are the sole user of the software. A copy of our End Users License Agreement is included with this information. NutriBase also provides the Backup and Restore capability described above.